



Middle-Older Adolescent Update Sheet

Name: _____ Date of Birth: _____

Current Medications: _____

Allergies: _____ Date: _____

Medical History

Recent Surgeries/Hospitalizations (Dates/Reasons): _____

Social History

Tobacco:

Do you ever smoke cigarettes/cigars, use snuff, or chew tobacco?

Yes No

Alcohol:

In the past, have you ever gotten drunk drinking beer, wine, or any other alcohol?

Yes No

Drugs:

Do you ever use marijuana, other drugs, or sniff inhalants?

Yes No

Do you ever use non-prescription drugs to get to sleep, stay awake, calm down, or get high?

Yes No

Developmental

Have you ever had sexual intercourse?

Yes No

Are you using methods to prevent pregnancy/sexually transmitted diseases?

Yes No

Have you ever been told by a doctor or a nurse that you had a sexually transmitted infection (STI) or disease (STD)?

Yes No

Have you ever been pregnant or gotten someone pregnant?

Yes No

Do you have any topics you would like to discuss with the doctor today?



Patient Health Questionnaire-2

Over the past 2 weeks, how often have you been bothered by any of the following problems?

Little interest or pleasure in doing things.

- 0 = Not at all
- 1 = Several days
- 2 = More than half the days
- 3 = Nearly every day

Feeling down, depressed, or hopeless.

- 0 = Not at all
- 1 = Several days
- 2 = More than half the days
- 3 = Nearly every day

Total point score: _____

Information from Kroenke K, Spitzer RL, Williams JB. The Patient Health Questionnaire-2: validity of a two-item depression screener. *Med Care.* 2003;41:1284–1292

Source:

Thibault JM, Steiner RW. Efficient identification of adults with depression and dementia. *Am Fam Physician.* 2004;70:1101–1110



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Patient Health Questionnaire-2 Instructions for Use

The PHQ-2 includes the first 2 items of the PHQ-9. The stem question is, “Over the past 2 weeks, how often have you been bothered by any of the following problems?” The 2 items are “Little interest or pleasure in doing things” and “Feeling down, depressed, or hopeless.” For each item, the response options are “Not at all,” “Several days,” “More than half the days,” and “Nearly every day,” scored as 0, 1, 2, and 3, respectively. Thus, the PHQ-2 score can range from 0 to 6.² A score of 3 points or more on this version of the PHQ-2 has a sensitivity of 83 percent and a specificity of 92 percent for major depressive episode.¹

Screening with the PHQ-2 is only a first step. Patients who screen positive should be further evaluated with the PHQ-9, other diagnostic instruments, or direct interview to determine whether they meet criteria for a depressive disorder.²

Score interpretation:

<i>PHQ-2 score</i>	<i>Probability of major depressive disorder (%)</i>	<i>Probability of any depressive disorder (%)</i>
1	15.4	36.9
2	21.1	48.3
3	38.4	75.0
4	45.5	81.2
5	56.4	84.6
6	78.6	92.9

Sources:

1. Thibault JM, Steiner RW. Efficient identification of adults with depression and dementia. *Am Fam Physician*. 2004;70:1101–1110
2. Kroenke K, Spitzer RL, Williams JB. The Patient Health Questionnaire-2: validity of a two-item depression screener. *Med Care*. 2003;41:1284–1292



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